Russell is a LEED accredited design professional and has also earned certification through the Construction Specification Institute for Construction Document Technology. His experience with community development, healthcare design, hospitality, retail, aviation and transportation has led him to create long standing relationships beyond the design industry. His focus on community and urban design has led to an engagement with population health issues and the beginning steps towards design integration with healthcare systems, public health departments and non-profit community groups. This focus has prompted his move to begin leveraging knowledge base and relationships that strive towards rebuilding urban neighborhoods. He believes design professionals have a responsibility to rethink how neighborhoods function while taking into account the complex issues that face community members within today’s urban neighborhoods.

Sarah Carnes is the Clinical Librarian at the Bedford VA Medical Center in Bedford, Massachusetts. As a Veteran herself, Sarah is honored to provide health information services to both Veterans and the clinical and research staffs. These services include consumer health information, staff training, literature searches, and support throughout the research cycle. She regularly collaborates with community partners to increase awareness of the benefits and services available to Veterans as well as to augment the resources available through the VA.

Prior to joining Bedford VA Medical Center in February 2017, Sarah worked as a strategic planner and manager in a healthcare system and a consultant, planner, and trainer with the National Emergency Response and Rescue Training Center.